

NH Falls Task Force

Meeting Minutes 8/1/17

Present: Debra Samaha, Beth Slepian, Mary Catherine Rawls, Joan Barretto, Sharil Cass, Dawna Pidgeon, Kathleen Mullen, Renee Noel Keimig

1. Conference update
 - a. Scheduled for October 4th-SERESC in Bedford- Save the Date sent out
 - b. Lora has applied for credits- cannot open registration until approved- Lora will follow up
 - c. Room size- can accommodate up to 128 with round tables. This will include room for a few tables and posters.
 - d. Price ~ \$35- covering food
 - e. Maps- Lora has said Dartmouth can likely print- will follow up. If not, could look at State printing. Kathleen will follow up with Senate district maps
 - f. Display tables- nobody asking yet. Want to keep it to non-profits working with falls. We are not looking for vendors.
 - g. Speakers: Debra Fournier- TBI, Ritamarie Moscola- Dementia, Mary Catherine Rawls- Inpatient, Kieran Reid- Frailty, Christine McDonough UE Fracture, TJQMBB Demo at lunch
 - h. VT- Posted on website- Falls Free Vermont

2. Falls Awareness Day Updates- September 22nd
 - a. August 10th Overview call 3:00 – Dawna can be in the call
 - b. Theme: “10 Years Standing Together to Prevent Falls”
 - c. Deb has reviewed website- passed out sample messages, templates for press release, and twitter messages on information- Deb gave to JoAnne.
 - d. Governors proclamation- will need updated data for this (end of August) - Deb can pursue so people can display- request one for DCHA, and D-H- Deb will ask for 4 copies (she can photocopy more)
 - e. Placemats- Mary MacCaffrie has permission to print more- will use same one for falls as last year. Will do Fire in October and will work on CO for November- being designed now. She can order 10,000 of each. Last year through Coalition of Aging Services they were distributed over 9,000. Will get PDF of these and put on website for people to print. Deb will follow up with Brook Holton. Will also have some at the conference. Mary Catherine will ask if D-H can print and distribute to patients. Also- state committee on Aging- Mary Catherine Rawls. Dawna- “Team of Teams”. Mary M. working on a box addition to PDF to add logos
 - f. If partners have events to post- will need to submit to Deb by August 25th. The following Information should be submitted:

Organization Name

Date

Time

Location

Title of Event and Brief Description (50 words or less)

Contact Information

3. November quarterly
 - a. Matt Petrin – New London and John Wilcox from UNH. Need to get goals/objectives to Lora for CEU. Dawna will check with Lora. Deb will check with Anne D re: make sure we are set for there.

4. Concord Fire Department
 - a. Chief Andrus- Looking at Falls in Concord area- shared with Concord Area Public Health- Keliene. Looking at data- increased patients > 65 year old- 705 in 2013 to 1003 in 2017 (increase 42%) , falls 33.9%, 32.2% in 2017- great model for Fire/EMS partnerships in a community.

5. Grant updates
 - a. Dawna reported for Dartmouth ACL grant- ended this month- have contacted all sites- will continue to support but level is changing i.e. not buying materials. Yesterday was the first possible day to hear from ACL re: possible funding for 2017 ACL grant- have not heard yet
 - b. There will be a ½ day Refresher September 12th in Salem for TJQMBB. There will be a two day Instructor training for TJQMBB 9/23-9/24 to sure up sites or add solid sites in needed areas
 - c. Deb- may need to consider at some point asking NH legislature for some funding
 - d. Dawna is also working on John Batsis' Obesity in older adults 5 year grant- combining exercise and diet changes, then adding amulet feedback, then telemedicine component

6. Website
 - a. Plan for updates- will break down sections for individuals to look over/make suggestions at each meeting then present to the group at the following meeting. Change suggestions will be given to Tim Hesselton who will make website changes.
 - b. One overall change to ask about
 - i. When click on a subheading, can the picture pop up instead of scrolling down to see you have moved on to a new page?
 - ii. Whenever there is "leave a reply" – need to eliminate
 - iii. Can we change color on highlighted links to bring attention to them
 - iv. Can Tim participate during meeting (either at DHHS or remote)?
 - c. Members Volunteered to do sections today:

- i. "Older Adults- Why Are We Concerned" – Kathleen (to look at JoAnne's March data meeting report for NH data and CDC website for national data)
- ii. "Older Adults- You CAN Reduce Your Risk of Falling" and "Reduce Your Risk"- Beth and Keliame- group agreed- basically CDC Links when appropriate (STEADI)
- iii. "Older Adult- Health care provider relationship" -- maybe eliminate
- iv. "Older Adult- What if you fall?" – Renee
- v. "Providers – Risk Factors" and "Research" (Links for research, STEADI when able) – Dawna
- vi. "Providers- Screening" and "Assessment" – Sharil (STEADI for Screening)

7. Member Updates

- a. Mary Catherine has two events she would like to use the maps for- one is the Geriatric Pharmacology conference October 25th. Link to the brochure:
https://dhmc.community360.net/content/DHMC/documents/2017_activity_pdfs/Geri_Pharm_final.pdf

Link to the registration: <https://ce.dartmouth-hitchcock.org/Activity/5565317/Detail.aspx>

- b. Congratulations to Sharil Cass for passing her APTA Neurologic Certified Specialist exam!
- c. Renee- working with Seacoast provider practices re: education for falls screening- discussed using STEADI training/education materials

8. Next Meeting 9/5/17- No 10/3/17 meeting (due to 10/4/17 conference)