

**NH Falls Risk Reduction Task Force
Meeting Minutes
February 3, 2015**

Present: Beth Slepian, Anne Diefendorf, All Willis, Dawna Pidgeon, Debra Samaha, Sharil Cass

1. Foundation Grant

- a. Contract for TJQMBB with Lin Lin Choy signed
- b. MOB training confirmed for 4/6/15-4/7/15
 - i. Primary goal –target three grantee counties; want to have some slots for PH Network RFP coordination as well
 - ii. 20 slots available
 - iii. If there is interest, let Anne Diefendorf know. Fee will likely be \$750 for non-grantee county participants
 - iv. Will be at Foundation for Healthy Communities office, Rm 2 in Concord
- c. Anne is meeting with Carroll County individuals tomorrow and working with Coos

2. RFP for Public Health Networks

- a. Applications due within the next couple of weeks
- b. Have heard from at least three groups that are interested in applying for the Falls portion
- c. Money needs to be spent by September
- d. Deb has a list of Public Health Networks and map of locations – will send out to Falls Task Force listserv

3. Website Discussion

- a. Deb met with Debbie Love this week. She is willing to hold our evaluation information-TJQMBB. She is also willing to update our website while under contract with the Injury Prevention Center. We thank Kim Laura Boyle for her support in helping with website and may need Kim's help in the future.
- b. Password-Rhonda and Brad Weillbrenner. Sharil is not sure where this stands. Deb will contact Brad re: this password.
- c. Sharil will speak with Kim re: info that needs to be sent to Debbie Love and will send it to Deb Samaha. Deb will send it to Debbie Love and Al.
- d. Changes to be made to website agreed upon at meeting: (need to look at rest of website as well)
 - i. Evidence Based Practice Tab:
 1. Change Tai Chi ... to Tai Ji Quan: Moving for Better Balance. Only have one Tai Ji Quan: Moving for Better Balance link and link it to Dr. LI's website (not CDC)-www.TJQMBB.org. Put CDC link in another area-resources
 - a. Also add PDF of our Fact Sheet – “Why TJQMBB for NH?”

2. Click on Map-need to update to most recent map, also put disclaimer – “Map is subject to change...” (Debbie Love-change MA to TJQMBB and not Tai Chi on the map PDF) and add to date the map
 3. Other programs
 - a. Medication Link-Anne will follow up with Lori Connors re: which medication link to put on website-Beth-not for community link (Concord program)-will ask for resources-needs to come off for now
 - b. Fit and Strong-should come off
 - c. Only leave MOB and TJQMBB; MOB takes to Maine Website; add a link for NH-Anne will get a one pager for this. All other programs should come off
 - ii. On Home page-change color or words in upper right-to black from white
 - iii. Providers section
 1. Screening tools-remove first Timed Up & Go test link
 - iv. Resources
 1. Add www.tqjmbb.org and move Maine website to National Website (from local)
 2. Typo in Injury for Injury Prevention Center
 - e. Deb will speak with Debbie re: getting started on changes
 - f.
- 4. Al will speak with Rhonda re: list serves-total electronic membership list and working group list**
- 5. Debbie will send Al documents-Why Tai Ji Quan: Moving for Better Balance fact sheet, Public Health map and Public Health contact list to send out to entire listserv**
- 6. Research Articles**
- a. “A Cost-benefit analysis of three older adult fall prevention interventions”; CDC, TJQMBB had a 50% ROI, net annual benefit of \$529.86 cost savings compared to usual care
 - b. Applications for this paper-working with administrators, etc., for program sustainability
 - c. Debra Samaha will be at the NH Healthy Homes Legislator breakfast to present-will discuss this paper as well-poster presentation-she will bring districting map poster, TJQMBB Fact Sheet, research article, TJQ and MOB maps
 - i. Anne will give Deb a one page summary from the national group
 - d. ? if there is a MOB ROI document-Beth will check with Keliane re: this document
- 7. Quarterly CME offerings=Data meeting-9:00 light refreshment and set up**
- a. 3/3/15-DHMC Concord-2 hours CME offered
 - i. Al will welcome and present overview
 - ii. Timing of presentation-9:30-11:30; conference after
 1. Deb will ask Lora to send out a new document with that timing and a note-please note time change

- iii. Need to register-? If it needs to be done ahead of time-Deb will check with Lora. If it can be done at Concord DHMC then we can ask about listing location on updated email about the Data Meeting. Not currently clear if it is needed to register. There is a contact
- iv. Rhonda or AI will need to send an email to the entire List serve with the location and time change
- v. AI will ask Joanne to present TJQMBB Data at 3/3/15 Meeting

8. Conference 6/11/15

- a. Confirmed speakers: Lori Connors-Prescription Center, Dain LaRoche-UNH
- b. Still need information from Lora re: posters-Deb will follow up
- c. Deb suggested doing something in memory of Margo Krasnoff, MD from the NH Falls Task Force; Something at Conference? Perhaps an award at meeting- Service Award? Conference Dedicated to her? She was a geriatrician at DHMC for years, still practicing, started Falls Clinic at DHMC, has spoken at our conference in the past, involved with global health initiatives. Dawna will speak with a colleague and good friend of Margo's for ideas.
- d. Lyn Lindpaintner, MD - Geriatrician at Concord Hospital-works with Dementia, may be possible speaker; Deb will also follow up with Lora re: ? Dr. Bartels-Depression and Falls. Another possibility-MOBILIZE Study-Dawna will email that group if Dr. Bartels cannot present