

NH Falls Risk Reduction Task Force

Meeting Minutes

4/7/15

Present: Sharil Cass, Keliame Totten, Michelle Dow, Anna Cain, Judith Cote, Dawna Pidgeon, Al Willis, Karen Conlon, Irene Kaye, Debra Samaha

1. Data Presentation last meeting (Quarterly presentation) went well
2. Falls Series collaboration with NNEGEC and NH Falls Task Force-everyone needs to register ahead of time. Next session May 5th. Vision and hearing and falls. Geriatric.ed@dartmouth.edu is the link
3. Healthy Homes Legislative Event-Al and Deb went representing NH Falls Task Force. They used the maps created that showed ED and hospital discharges due to falls by Senate district.
 - a. ServiceLink was brought up-clarification to legislators as to services- ServiceLink provides (there were misconceptions). They were cutting ServiceLink in their budget (and meals-on-wheels and other programs). NH Falls Task Force gave out nightlights as well-we still have some left. One legislator concerned re: the steps in the state house-safety.
 - i. Deb contacted the nurse re: steps- suggested someone might do a safety assessment and make recommendations. Deb put out to the Task Force-if anyone would like to do this. Another possibility Therese Willkomm (from UNH) might want to do this with students.
 - b. Shared one page fact sheet as to why we are supporting this specific program in NH (this document is on our website)
4. Incapacitated Adult Death Review Team meeting-Statewide meeting-Deb presented at this meeting re: falls. Showed data from JoAnne Miles, what is happening around falls in the state.
 - a. They wanted to know what are we doing to make people want services-that is a tough question for all-Deb pointed out we need to start this message earlier in life
5. National Falls Collaborative with NCOA that we are involved with.
 - a. The Collaborative just released a funding opportunity for falls. Funding is for disabled populations- a national funding opportunity announcement. RFP is due May 1st. NH Task Force will not specifically apply but will put link in minutes if anyone wants to apply.
 - b. Link: http://www.acl.gov/Funding_Opportunities/Announcements/Index.aspx
6. List Serve review and corrections-we have a large list of individuals collected over time that want to be on our list
 - a. Need to clean up list-have only emails, don't know who everyone is-requesting everyone to take a look and see if we know who they are-want to create a spreadsheet that has mailing address, etc-passed around at the meeting
7. Website-effort to close down old website
 - a. Feedback from Brad Weilbrenner (originator) to work with Debbie Love

- b. Al reports Debbie made connection with Granite State Communications-want to have individuals get rerouted to new website if go to old one. Need a letter from Public Health administration. Al has contacted Rhonda to have this done to move this forward.
 - c. All should take a look at the website and see if there are suggestions for changes or additions. www.nhfallstaskforce.org . Please send suggestions to Debra Samaha debra.samaha@dartmouth.edu . (Deb will forward to Debbie Love)
- 8. Updates-Public Health Network grants.
 - a. They are not officially awarded yet. Al reports there have been recommendations for four proposals but they have to go through Governor and Council-should be awarded by next month.
 - b. Request made to extend timeline for completion of project due to delay in award
- 9. Foundation Grant Status-Anne not here today due to MOB training (today is second day)- Anne took the training herself so she can train individuals
 - a. MOB participants list-Concord VNA, North Conway area-Memorial Hospital, Huggins Hospital, Central NH VNA (Wolfboro), CAP Belknap and Merrimack counties (Suncook and Tilton), Nashua-Center for Physical Therapy and Exercise, Three from Colebrook, YMCA Nashua, Whitefield assisted living, SN Medical Center-Nashua (18 trained
 - b. Deb will go over today to introduce the NH Falls Task Force
- 10. TJQMBB
 - a. Refresher-went well. Rebecca Sky came to talk with grantees. Dawna helped to teach
 - b. Next training for instructors hopefully this summer-will be funded by AOA grant
 - c. Forms-meeting to determine what we are going to use coming up
 - d. JoAnne will also present at conference
- 11. June 11th Conference
 - a. NNEGEC collaboration-Lora Wise-funding
 - b. Speakers: Stephen Bartels-cognitive and behavioral impaired population (1 hour), Terry Ellis-Tech and Mobile Health and Self Efficacy and Behavior Change (1 hour), Lori Connors-pharmacy program-medicine reconciliation (30 minutes), Daine LaRoche-physical activity in older adults (1 hour), Keliame –MOB, Dawna TJQMBB, JoAnne Miles Data for TJQMBB (total 1 ¼ hours); Trying to see if Beth Nagy, OTR from NH Hospital speak about behavioral health experience
 - c. Conference at SERESC in Bedford, cost \$60 for food
 - d. NNEGEC will take registration
 - e. Will be having poster presentations-should be sending out information about poster submission soon;
 - i. Possibility of R.A.C.E. study (ActiveStep) poster-Dawna will ask
 - ii. William Clough Center (New London) now alarm free-may have info for a poster-process vs. data poster
 - iii. Possibly JoAnne-NH Task Force
 - iv. Possibly the PD Wellness Poster-Dawna will ask
 - v. Karen will ask re: BEAS services

- f. Janet Haas, Service Link, will have a table there; Judi-can bring the dementia tool kit to demo as well-Heath McCarthy has agreed to do this
 - g. Margo Krasnoff, MD plaque-geriatrician at DHMC-involved with Falls Task Force at DHMC x years. We would like to give a plaque in her honor at our conference. Plaque will be housed at the ARC at Dartmouth.
12. Keep in mind thoughts for Falls Awareness Day events
- a. Ideas from group: Run or Walk to create awareness, Public Service announcements- ? in collaboration with WMUR, "Falling Monologues" (Have done something like that statewide in the past), Baby Boomers focus-how to help parents not fall and boomers not fall in the future, Aging Issues article, comedian-Loretta LaRoche-Judi with check on this, possible segment on NH Chronicles-maybe the comedian or something else, Tommy DePalo –illustrator-Judi knows-will talk with him
13. The NH Falls Task Force did submit a question to Granite State Survey Center- "Do you believe falls are a normal part of aging?" we may have data for June conference.
14. Next Meeting May 5th at 9 a.m. A brief falls task force meeting with follow educational session. Location is at Dartmouth Hitchcock Concord location (across street from Concord Hospital). Please register for the Quarterly meeting. Flier is on the website-please feel free to share.