

NH Falls Risk Reduction Task Force

Meeting Minutes

7/7/15

Present: Debra Samaha, Rebecca Sky, Sharil Cass, Beth Slepian, Judy Cote, Dawna Pidgeon, Amy Zirpolo

1. Falls Awareness Day

- a. Deb has made three attempts via email to contact NH Chronicle at WMUR with no response. She will call today them today. We are asking them to work with us to promote September's Fall Awareness messages. We are asking if they will include a segment on Tomie dePaola as a spokesperson. We need to create the script for Tomie dePaola.
 - i. Committee to work on part of messaging for PSA: Judy, Lora, Keliene, Rebecca, Deb and Dawna
- b. Concord VNA-Home Depot with Concord Hospital PT (balance screens) and OT (equipment)-will have safety "bucket" available for flat rate. CRVNA also doing Falling Monologues at Havenwood Heritage Heights with their drama club. Will be taping it. It will be open to the public. Beth will talk with Keliene re: some ideas for the equipment bucket.
- c. Lens cleaner with message on them-Deb got a price \$1-2/piece. Funding source an issue. Rebecca- Could possibly use some of AOA grant money targeted for marketing if they are distributed to MOB sites. Deb will meet with Rebecca for details. Could distribute to non-grant targeted areas as long as they are doing the program. We have TJQMBB training as well coming up
 - i. Another idea-Beth saw at a conference-mitt for wiping screens-she will find information
 - ii. Would have NH Falls Task Force logo and website-may need additional info depending on funding source
 - iii. Will look into colors/cost-need high contrast, large writing, not busy background; may say "You CAN reduce your risk for falls" or "Falls are NOT a normal part of aging" -people like the latter and it matches the DHHS message.
- d. Keeping Legislators informed
 - i. Part of Healthy Homes breakfast (spring)-we will try to use that strategy to be a part of this and other things as available
 - ii. Deb did hear back from a couple of legislators that they were unable to attend
 - iii. We can invite DHHS committee members to the Falling Monologues
- e. May do a MOB/TJQMBB awareness walk on another year
- f. Deb has put in a request to update state fact sheet-Joanne Miles will work on this in August so we have it for September Falls Task Force meeting (currently stops at 2009 data)- Important for legislators
 - i. When get fact sheet done could distribute this with a letter and possibly lens cleaners-Dianne Bergquist could put in mailboxes along with invitation to Falling Monologues
- g. Aging issues article-Rebecca submitted an article today.
- h. Governor's Proclamation- Deb will request -will need updated data
- i. Aging Resource Center at Dartmouth full day of lectures, screens, etc.
- j. Rebecca -will do PSA to Newspapers
- k. If members' sites are having events to include-need to email the details to Deb by mid-August.

2. GEC Grant

- a. Should hear from Lora soon if GEC received funding grant

3. AOA Grant-Rebecca
 - a. Three sites have MOB programs running. Rebecca is meeting with other sites to help them get programs going. Whitefield has full class – more people wanted to come than space. North Conway-had 12 people respond to be a coach from PSA in paper. North Conway have active Senior Center (Gibson Senior Center) and a new community center opening.
 - b. Adding to map-Rebecca suggests July 31st as cut-off date from programs to update maps-Rebecca will contact trained individuals. Then we will have info to Debbie Love April 3rd. Dawna will contact TJQMBB folks already trained regarding any new programs.
 - c. Anne and Rebecca-Nashua initiative going slowly.
 - d. Feds database-want filled with data-will take data from non-grant areas as well.
4. Sharil-Rudy Fedruzzi , MD- at Cheshire Community Health-Monadnock Healthy Communities-there is a plan to re-institute this task force locally with Amy Matthews (nurse manager of ED). Had a few meetings with local EMS and Home Care, did not go anywhere.
5. Regional call with Northeast and Caribbean Injury Prevention Group-Deb was on a phone call.
 - a. Reported on new program with EMS-Fallscape (VT AoA grant)-contracting with providers for motivational interviewing- funding 20 sites. VT purchased software for this. EMS will go into homes and interview then return and follow up on changes made. There is a referral process in place. Just getting off the ground.
 - b. Deb sent the information to Nick Mehuri at NH EMS about what VT is doing.
 - c. CDC will come up with template for Centricity and Epic to embed STEADI into EMR- Deb will find out more about this (not released yet).
6. Deb ordered 25 STEADI packets. Rebecca has 25 as well. They did not get passed out at conference-we will need to decide how to distribute-intended for providers' offices.
7. We found UNH intern script for health provider video-will need to be scaled back for ten-minute TED talk like video- would be good to have for falls conference.
 - a. Rebecca- there is a NH Medical Society Podcast Health Education series- Rebecca will get information to Deb-was just started in April.
8. Conference evaluations-Lora will bring to a meeting soon
9. Quarterly Educational Sessions: please send ideas to Deb for speakers.
 - a. Last quarterly November 3rd
 - b. Dawna-John Batsis, Dietary, PT – or conference
 - c. Barbara Schneckloth presentation was very good- Additional vestibular TBI
10. Will plan article reviews for September-Sharil and Ann
11. Next Meeting August 4th, 2015, 29 Hazen Drive, Concord. 9 a.m. to 11 a.m.