

NH Falls Risk Reduction Task Force

Meeting Minutes

8/4/2015

Returning and New members: Concord Hospital Jo-Ann David and Diane Olimpio, Joan Barrett of BMCAP, Karen Anderson VAMC, and Doreen Gilligan of Portsmouth Regional Hospital

1. NCOA call update: ncoa.org
 - a. Webinar 8/13 2-3:30
 - b. National action plan will be posted on website
 - c. CDC compendium-updated in July on CDC website
 - d. STEADI training (free) 2 hr for cont. ed. for health care providers and MD offices
 - i. Correlates low/med/high to interventions recommended
 - e. Photo/video contest-due 8/17, small cash award
 - f. Pharmacist module pending 2016 from CDC
 - g. New Beers list pending
 - h. AOTA-new community presentation/toolkit on web site
2. Article-Sharil Cass reviewed article regarding *Risk of Falls Associated with Antihypertensive Mediation: Population-based Case Control Study*. This article can be found in the journal titled *Age and Ageing*, Vol 39, Issue 5, pages 592-597. Author is Jonathan Gribbin et al.
 - a. Thiazides independent risk factor for fall at week 3 of being first prescribed.
3. State of NH IP Plan Falls Review
 - a. Subgroup to meet to review goals-need to finish mid to late Sept
 - i. Laura, Deb, Dawna, Al
 - b. Main Goal: Decrease ED visit in older adult in NH
 - c. Partners provide implementation of programs, NHFRRTF supports
 - d. Copy of report can be found under Injury Prevention of DHHS website at <http://www.dhhs.nh.gov/dphs/bchs/mch/documents/nh-injury-prevention-plan-2014-2018.pdf>
 - e. Need measurable items
4. Sept Falls Awareness Day: Sept 23
Falls Awareness materials shared from NCO with group.
 - a. Deb writing letter to NH state house for awareness of activities
 - b. Concord VNA
 - i. Falling monologues: 4 older adult stories, f/b problem solving
 1. Free, large venue 200 people. Public is welcome.
 2. 149 East Side Dr, Tad's Place, Heritage Havenwood Heights, Concord
 - ii. Sat Sept 26 10-2 at Home Depot- bucket of adaptive equipment w/Concord Hospital balance screen, info for family
 - c. Community Action Program-9 SR. centers around the state developing falls activities/programs/ed info.
 - i. List of programs from Karen to Deb for Legislature letter by first week in Sept
 - d. Governor proclamation-Deb
 - e. Sample press release-Deb

- f. Tomie dePaola turns 80 this year, to film PSA for Task Force
 - i. WBIN maybe a possibility, WMUR not available.
 - ii. Marketing at GEC-DHMC willing to film, but need video venues to show-Lora to initiate process. Judy and Lora to coordinate.
 - iii. 30-second, one minute in length-draft script shared at meeting
 - iv. Karen to check with WBIN about airing
 - v. Granite State Aging NHPTV(PBS Durham)-possible venue
 - vi. Lens wipes-Rebecca designed example 5x5 .67cents/ea +\$50.00 set up fee
 - 1. Four Imprint company
 - 2. Ask about not for profit- may defer set up fee
 - 3. Distribute to 10 new site providing EB programs(MOB, Moving for Better Balance classes)
 - a. Order deadline: Aug 14 to Rebecca, check made out to Foundation for Healthy Communities
 - i. She will provide invoice and W-9
- g. Foundation Grant update-10 sites
 - i. Nashua site starting in Aug-Senior Center in Nashua and Manchester
 - ii. Still looking for sites in Berlin
 - iii. New training Sept 17-18 TJQ:MBB(20 slots max)prefer 15
- h. Public Health Network Grant-AI
 - i. Late start-Public Health Networks are being as to do best they can and document why couldn't finish at deadline
 - ii. 5 awards-Carroll co, Granite united way, Mary Hitchcock, Lakes Region Public Health, Mid State
- i. MOB/TJQ:MBB map updates-reach out to all programs to confirm accuracy
 - i. Deb to discuss with Rebecca
- j. Lora-GEC update
 - i. Received 2 grants: Geriatric Workforce Enhancement Program; ACL Grant(Agency for Community Living)
 - 1. Focus will be PCP offices-GWEP
 - 2. 6 counties that feed DH ACO
 - 3. MOB; TJQ:MBB trainings-concord-ACL
 - ii. Working to create a 10min TED talk-like video for PCP offices for education about Falls programs to be housed on NHRRTF website.
 - iii. June 11 conference feedback
 - 1. Parkinson talk most talked about
 - 2. Very knowledgeable presenters who linked theory to practice
 - 3. Excellent feedback and outcomes
- k. Sept meeting-begin planning quarterly education session for 2016
 - i. Looking at venue change-possible use of Foundation conference room on Airport Road
- l. Nurse for legislature-State house to be assessed for fall risk by OT students from UNH-pending
- m. Ann D.-Partnership for Patient-renewed grant for coming year with hospitals

- i. Adverse event report-Falls 2nd most prevalent for last 4 years
 - 1. More educational for consumer
- n. Next meeting Tuesday Sept 1 2015-location DH-Concord, Granite Room second floor. Meeting will commence at 9 am. After presentation there will be a NH Fall Task Force monthly meeting.

Presentation: *Establishing a Falls Clinic for At-Risk Individuals* (9:15 am – 10:15 am)
Dr. Ellen Flaherty will describe an outpatient Falls Clinic designed to prevent falls in the highest risk individuals. Please pre-register for this session by emailing geriatric.ed@dartmouth.edu.

Thank you to our scribe, Sharil Cass!