

NH Falls Risk Reduction Task Force

Meeting Minutes

1/5/16

Present: Karen Anderson, Linda Cook, Judy Cote, Karen Conlon, Ann Diefendorf, Joanne Miles, Beth Slepian, Sharil Cass, Deb Samaha, Dawna Pidgeon, Al Willis, Keliame Totten, Mary MacCaffrie, Debra Samaha, Dawna Pidgeon

1. We had a request for Slip and Trip simulator presentation for the National Safety Council, Northern New England District. Dawna has followed up-will do a combined presentation of Dr. Lurie talking about ActiveStep research and Dawna talking about ways to reduce falls risk for employees. A presentation date is being worked out at this point. The meeting (held quarterly) will likely be in Portsmouth, NH.
2. Request for letters to be sent to Task Members employers from the State, thanking people for their commitment to the Task Force will be sent out from Al's office within the next two weeks. Please send information to Deb re: supervisor. Ann will also get a list of CEOs to Deb for a copy sent to CEO.
3. MS Information
 - a. MS Society- Dawna passed out "Free From Falls" program materials
 - i. Dawna will contact the New England representative to see if they can present at our Annual conference in September
 - b. MS for Tai Chi Peace-a program at Concord Hospital
 - c. Michelle Dow(not present today) as reported to Deb there is an MS interprofessional clinic at Concord Hospital
4. Annual Data Meeting-3/1/16, 9:00-12:00
 - a. Location to be determined due to technical difficulties at FHC building
 - b. Al will do introduction and overview
 - c. Presenters: Joanne Miles , Nick Mehuri-EMS, Ann Diefendorf- adverse events, Hilary Hawkins- Trauma program, Christine McDonough- DHMC ED- Joanne has sent email asking for CVs, etc
 - d. Also speaking Keliame Totten and Chief Andrus- Concord Fire/VNA, and Rebecca Sky and Keliame Totten re: MOB data compared to national, possibly Lynn DeBlois- Deb and Joanne to discuss

- e. CMEs will be given. Dawna will ask Lora re: can we do global goals for the whole session vs. each presenter. Joanne will speak with Lora Wise regarding other logistics and documents needed for speakers
5. Annual Conference
 - a. September at SERESC, GEC will help support financially- Dawna will follow up with Lora re: dates available
 - b. Brainstormed possible topics
 - i. MS Society-Free From Falls program–Dawna will contact new England representative
 - ii. Diabetes and Fall Risk- Possibilities- Joslin Clinic-Boston- Beth will explore
 - iii. Case Management- Sandra Lowry- Francistown-private practice care- does seminars- CCMI associates- case management and life care planning
 - iv. Pharmacy- ? Pharmacy school, wellness visits, DH Pharmacist screens for Falls Clinic, ED Pharmacy- Emerging Role of Pharmacy in Falls Prevention- Dawna will talk with pharmacist who does Falls Clinic at DHMC as a possibility
 - v. Overview of chronic disease and falls- either chapters or task force presentation-Ann will look at who this might be
 - vi. “Faces of Falls”- Telling stories- i.e. Margo’s stories and stories of people who have fallen. Possibly a patient panel- might be logistically difficult for a panel- maybe slides, video-careful of famous people–copyright.
 - vii. Show video- Tomie DePaola
 - viii. Dawna and Beth will look at CSM presenters (National APTA conference in February) to see if there are possible presenters/topics
 - ix. ? Displays at conference- i.e. audiology
 - x. Will we have a request for posters as well?
 6. Partnership for Patients will be doing a Falls Conference Spring/Summer-continuum of care will be topic
 7. Grant Opportunities- NCOA just sent out funding proposals-on HHS website
 - a. Tribal Communities
 - b. Evidence Based Falls Prevention
 - i. Older Adults who participate in EBP-innovative financing with health care systems-
 8. Updates on Grants
 - a. FHC Grant (Foundation for Healthy Communities)
 - i. Up to 160 participants in programs-MOB and TJQMBB
 - ii. Able to reach Berlin for programming
 - b. Partnership for Patients
 - i. Working with all 26 NH Hospitals-improve quality and decrease risk with healthcare associated conditions-falls being one of them

- ii. Doing site visits-bringing information in about EBP in NH
- iii. Ann recommends ServiceLink involvement with Task Force at State level- Al will find out who to contact for NH. We met with Wendy Altman in the past. Karen will reach out to Wendy. Deb will check the list serve to make sure they receive our minutes. Would be good to get back on ServiceLink meeting agenda to present (meet quarterly). When we presented at one point and gave them information-Ann reports turnover since then.

c. DCHA (Dartmouth Centers for Health and Aging)

- i. Still have two refreshers. Most TJQMBB programs are starting in January.
- ii. Balance Days-screening, short talk and TJQMBB Demo-good source of referrals to programs
 - 1. Ann- listing of Balance Days-on NH Task Force Website would be helpful
 - 2. Lora is working on map-interactive- will need to update the map- Ann will talk with Rebecca and Dawna with Lora
 - 3. Materials DCHA developing will be posted, including a short talk
- iii. Another TJQMBB Training for instructors (2 day workshop) will be scheduled in the spring with Dawna teaching
- iv. Working on connecting TJQMBB instructors, MOB master trainers and local health care providers for referral network
- v. Linda Cook-working on scheduling MOB classes- plan to start first week in April- meeting with director this week

9. Website

- a. We are working on updating website-please let Deb Samaha know if there are suggestions
- b. Al asked-is traffic being monitored-Lora Wise can give more information, but generally yes
- c. Lora and Rebecca have access to help with upgrades

10. Mary MacCaffrie brought the Hazard House from Fire Marshall Department-Fire and Falls Hazard House

- a. Can be plugged in, manual included, larger pictures with it as well for safety measures, house pieces can flip to safety
- b. Can be borrowed by anyone in the state- will put link on website with instructions how to sign out
- c. Deb and Mary on CO poisoning group-should talk about this with fire safety. New legislation about CO alarms being near sleeping areas in homes, 85 and older higher risk for CO poisoning
- d. Mary will give Deb a short summary for this and "Remembering When" for website
- e. Mary has been doing Remembering When in the communities and used the EBP maps from our website

- f. Mary had placemats designed by students from PSU for falls and fire prevention. She will have some printed for Senior Centers. Deb-thought we might distribute for Falls Prevention Awareness Day next year. It is based on Remembering When. Al will ask Rhonda how to facilitate Meals on Wheels distribution at meals sites (we did this a couple of years ago)

11. Members Sharing updates

- a. Al-getting ready to work on the Annual Report to go to CDC
 - i. Members can give information to Deb- needs success stories and challenges- highlighting what is happening in NH- would need to get information to Deb in a week
 - ii. Information should be Calendar Year 2015
- b. Judy-
 - i. Matt Petrin doing MOB in Lempster, Newport, Unity
 - ii. Will be working toward starting a Falls Clinic
 - iii. ER project-standing orders for referral for PT if at high fall risk- generates referral to New London PT, providers notified if referral generated. Terry Moulton was champion. Judy will plan to share more detail at next meeting 2/9/15
- c. Mary
 - i. Will find out when next Remembering When training will be -partners with Fire and community-NFPA will pay for training. Mary will send this information to Deb.
- d. Karen
 - i. BEAS falls- ? Contacting audiologist- Beth Ann Jacques? Is there a NH Audiology association? Karen will find out- see if they are part of falls groups.
- e. Keliane
 - i. Just finished taping MOB promo video from PH Grant money. Will put on Concord VNA website, will have NH Falls Task Force link on video for classes everywhere. Could also post link on our website.

12. Next meeting 2/2/15, 29 Hazen Drive Concord, 9:00-11:00