

New Hampshire Falls Risk Reduction Task Force

Meeting Minutes

6/7/16

Present: Kendra Viviers, Beth Slepian, Judy Cote, Anne Diefendorf, Linda Cook, Joan Barretto, Mary MacCaffrie, Michelle Dow, Rebecca Sky, Sharil Cass, Karen Anderson, Dawna Pidgeon, Debra Samaha

1. Conference Updates

a. Speakers-please see attached draft

i. Peer to Peer

1. ED setting-Terry Moulton- Judy send contact information
2. Pharmacy – Lori Connors- Beers criteria
3. Intentional/purposeful rounding-not set
4. Behavioral-not set

ii. Community Engagement

1. Community based programs-Dawna, Rebecca, Keliene. Deb-at legislative health fair John Wilcox was there with UNH students- MOB coach training built into curriculum
2. Pharmacy-Robin Walkup
3. Chief Andrus-very excited about speaking-EMS response to Falls in Concord
4. Might take away Behavioral in Peer to Peer at add more-balance days and screens will take some time

iii. Dr. Berman will be out of town-Anne will continue to explore- perhaps shorter time. Perhaps he can do a quarterly.

iv. Anne also suggested Dr. Batsis and Obesity if there is an open time

v. Rebecca- Patient experience-Memorial Hospital

vi. Lora- conference call for conference- Dawna will need to do

b. Consider starting at 8:30 to fit in Dr. Batsis if he can do so

c. Posters- Dawna will speak with Lora to get poster criteria to send out to task force

i. Rebecca will bring MOB poster series

ii. Diane Olympia-Concord Hospital- bringing in community to falls prevention

iii. DCHA- AGS Balance Days

d. Cost/CME- Dawna will ask Lora re: falls task force members pay?

e. MoB Students/UNH

f. Dr. Dennis McCullough tribute- “My Mother, Your Mother”- Anne possibly Partnership for Patients buying books to give to conference participants- possibly invite Laurie Harding as well to say a few words-possibly at lunch. Dawna will contact Laurie

2. Leah Baroody- Stroke Collaborative

a. Works in heart disease and prevention-part of NH Stroke Collaborative-working to improve outcomes. Last year Stroke Survival Guide developed by group-meant to supplement information for families. They NH Falls Task Force Home Safety Assessment incorporated into the guide. Leah wants feedback from the group- can they add service link information and STEADI information to the bottom. Also, could put links at the end on resource page.

i. Agreed-have NH Falls Task Force website and ServiceLink- Joanne-may be a good idea to test that out. Will need to take phone number off document. Beth will reformat to take page number off and old phone number off.

ii. STEADI link will be on resource page

3. Legislators Health Fair-Deb Samaha worked with Professor John Wilcox and OT students from UNH. This is the first group of OT graduate students to become MOB coaches and ran the program this past spring semester (2016) in Durham at Senior Apartments. This was embedded in one of their required classes (Enabling participation in community groups), which has an associated level I fieldwork experience. This requires them to complete a 12 week fieldwork experience, along with weekly lectures, that has them going out into the community to work with various populations on health promotion areas, one being falls prevention using the MOB program.

The names from left to right are: Rachel Benson, Maura McKnight, Rachael Duquette, Morganne Gilbert. Missing is Joe Grizzetti. It was suggested that we invite Professor Wilcox to conference or atleast highlight their work in some way.



4. Joanne Miles- has been hired for

Al Willis' previous job-Injury Prevention Program Manager

5. NCOA Meeting Dawna and Rebecca report

a. State wide branding-recommended-we will need to look into this

b. Registry - Deb-is there an opportunity for some state funding

i. Rebecca-different models in program- some state related

ii. Challenge will be to build now on Grant energy and sustain

iii. DCHA may be able to help manage through NH Falls Task Force

iv. Will set up a subcommittee meeting to begin to explore

c. Minority and underserved initiatives-Community Health Centers- FQHC- will look into STEADI falls screens

d. May want to explore ACOs in state leveraging referrals/covering programs

e. Administration on Disability is becoming part of ACL. 19 states currently with TBI programming. Concussion leading cause of older adult fall related deaths-? If we want to explore this area further as task force

- f. Otago- looking at it being delivered outpatient- more deliverable- ? UNH-Otago teaching as well. Beth- Home Health may want to look at this.
- 6. Deb-need to look at Falls Action Plan
 - a. Incorporate new things- grants, etc-5 year planning. Possibly do at a meeting this fall.
- 7. Vicki Blanchard-EMS conference- connecting with Julie Desrochers from VT. ? Newport group who presented at VT meeting (EMS provider) would be a good contact
- 8. NCOA Falls Awareness Day Compendium from 2015- NH is in there
- 9. Lora and Dawna went to VT Falls Prevention meeting
 - a. They are interested in collaborating more with NH
 - b. They worked with the Association of Territorial Health Officials through Falls Prevention Healthcare Integration Learning Collaborative. This was looking at 6 month pilot FallScope program-Newport and Bennington
 - i. Newport- # 1 911 overall is falls-they have 230 lift assist/year-motivation to reduce these calls
 - ii. Bennington-next steps-ED – PTs called in with falls and working on referring to FallScope
 - iii. Presentation from Erin Parker, CDC- there will be a “STEADI: Getting Started” video coming out late summer-focus on primary care office visit-3 questions, meds, Vitamin D, includes insights from current users
 - c. Falls Coalition-Julie Desrochers- VT Dept of Health, Injury Prevention-Falls Prevention coordinator for the state- restarting after not together for long time-developing resource guide for programs. Their Tai Chi-hybrid from Tai Chi for Arthritis –they are developing their own
- 10. Falls Awareness Month planning needed-need to brainstorm ideas
 - a. Can we can build on the video from Tomie DePaola? Dawna will ask Lora if there is any funding/opportunity
 - b. Mary- Working with Plymouth State-has not been able to get placemats into a format to print that large- Rebecca-? Add a border to get to right size. Last time we did this through Meals on Wheels- Joan Barretto is contact for Belknap and Merrimack– have 800-900 participants. Six thousand would include all congregate meals sites. Mary will mail the document to Deb who will send it out to the group. Goal would be to distribute during month of September. There are 8 safety messages related to falls and fire. There are two different placements-one fire and one falls. Mary will let Deb know what budget will be for printing. Perhaps we can put on website to download. People who work for hospitals- should find out if their hospitals would print them out if the file was sent. We could share with public health network again. Deb will ask Rhonda if she has list from a few years ago. Anne-3000 licensed beds in NH-some not appropriate- she will look at actual number.
 - c. Keliane-thinking of “Progressive Workshop” working with partners. For example-OT, PT, MoB, TJQMBB, pharmacy. They are thinking about doing it at Concord Parks and Recreation. Anne-perhaps have a “room of falls risk” i.e. scatter rugs
- 11. Rebecca- Medicare Plans

- a. Has a list as to plans and counties- Market share and lives covered is small but might be helpful for programs
 - b. Will send post to Dawna
12. Member updates
- a. Rebecca-update- difficult point for people sustaining programs
 - b. FHC will find out August 1st if they will receive 2 year ACL funding-would broaden geographic area-added Belknap and Strafford counties. Current grant due to end in August but will apply for extension since they were late actually getting the funding- hope to continue to December
 - c. Anne- HIIN- RFP- Health Education Research Trust- part of American Hospital Association applying to CMS
 - d. Deb's grant with HHS will start over in June- will have funding questions for Granite State Survey will be planned for 2017
 - e. Mary-Remembering When applications will be coming out for next conference- she thinks it will be held in Texas-travel, etc will be covered. Will have fire service partner to go with you-will be in the fall. Mary will send to Vicki Blanchard to get out for their conference-Mary will send a summary of the training to Deb Samaha.
 - f. Judy-starting referrals to PT Department from ED-will keep data. Plymouth will start 2017. Deb will send John Wilcox information to Judy-idea-possibly work falls into curriculum such as MoB and possibly Otago.
 - g. Linda-completed two MoB programs at Keene Senior Center. She is working with other community sites-hospital and community centers (Peterborough). Keene Senior Center wants to keep going. Not going to do programs in the summer. Difficulty with coach training. Website: Volunteer NH - Keliene has had success with them. Linda has been talking with RSVP as well. Keliene also suggested home care agency volunteer coordinator- Hospice. Keliene promotes to Hospice Volunteers-works well in Concord. Sharil has been working with Cheshire Hospital Volunteers as well.
 - h. Keliene- Capital Area Public Health region- Community Health Improvement Plan- subgroup Older Adult Falls group-have health care providers, Fire department, etc. This Friday will present at Public Health Network annual meeting on MoB and Social Marketing campaign.
 - i. Kendra-doing monthly falls clinic. Did two screenings for community wellness programs. Doing Falls Prevention presentation with Parish Nurses.
13. Next meeting August 2nd. July 5th will be cancelled. Deb will let Karen know we will need to reschedule Wendy Aultman from Service Link and ask her to attend August meeting.