

NH Falls Risk Reduction Task Force

Meeting Minutes

December 6, 2016

Present: Lora Wise, Beth Slepian, Judy Cote, Rebecca Sky, JoAnne Miles Holmes, Sharil Cass, Anne Diefendorf, Dawna Pidgeon, Debra Samaha, Rachel Elliot

1. Dawna/Lora will ask Diane Sherman for her presentation to post on the website-Debbie Love will post. Lora will ask Tim to post the conference presentations.
2. JoAnne reported on an Issue Brief put out by ASTHO: Incorporating Healthy Aging Priorities in the State Health Improvement Plan (SHIP). Iowa and New Hampshire were highlighted including the Falls Task Force. Deb reports Iowa is in leadership role in Injury Prevention. Their fall prevention starts at 55 and older. We may look into inviting them to speak to us via WebEx. JoAnne will send brief to Deb S for posting to our website.
3. Last meeting Jason Aziz, a doctoral candidate at Tufts, presented a project he is involved with and they will plan to submit for an NIH grant in June. A meeting is set up at Dartmouth January 17th. Deb asks if Dr. Batsis involved- Dartmouth will contact Dr. Batsis. JoAnne will speak with Jason re: Wisdom database.
4. TJQMBB Updates
 - a. Next NH Refresher 12/12/16 in Concord. Dawna will be doing 4 half day refreshers next year-two in the spring and two in the fall. One will be at D-H Lebanon, two in Concord and one in Salem to try to make it easier geographically for individuals to attend at least one. The hope is that all would attend at least one but could attend as many as they want
 - b. Dawna attended a Trainer Refresher at ORI last weekend and reported on several programming updates that will be coming in 2017 including
 - i. Refreshers will be offered remotely by ORI- cost and timing are being worked out, likely it will be group based from the site end
 - ii. Dr. Li is developing a path for individuals to become a trainer
 - iii. Dr. Li is moving toward certification to teach the program. This would include demonstrating teaching the class on a regular basis and attending a refresher.
 - iv. He is considering licensing for the program-unclear if/how much this will cost but he wants to know where the program is being taught
 - v. There is a new website design. Website: www.TJQMBB.org

- vi. There will be either monthly or bimonthly calls with the trainers to work out details and continue with updates. Dr. Li is working on making the program sustainable without him personally as well as easier to access for training and implementation.
5. MOB updates- Rebecca –
- a. FHC Grant sponsored programs- so far 387 go through programs. Grant will come to an end by the end of January. Rebecca’s goals between now and then are to wrap up the survey, create a final summary report of all sites, and to support transition of support from sites to Dartmouth Centers for Health and Aging. She is working with ACL for back end of data transition.
 - b. Rebecca wants to thank everyone who administered the survey and appreciates responses. She has received 356 survey responses and is working on entering data. Thoughts-might be a good thing to add to balance days while people are waiting for their turn for screening. Questions are around health beliefs models-self efficacy with regards to ability to reduce risk for falls, what they know about the programs and at the end, would you be willing to participate in an EBP. It might help them make the decision to sign up. She will send data back to sites who submitted data, will write a report and will make survey available to post on our website.
6. JoAnne has not received data for TJQMBB for state database. Question and discussion- do we need to continue entering state data? Reason-want to show people they have improved. Anne- we should have access to our data from a National database. It is unclear what access will be available once ACL grants have ended. Rebecca suggested- JoAnne’s data person could enter states data into Sound Solutions at a cost of \$200/year after the ACL grant ends. All agreed we will have a smaller group to discuss this further.
7. Data Meeting
- a. Will be held in Room 1 at FHC (as well as May quarterly, November quarterly Room 2)
 - b. CEUs will be offered, will be on WebEx as well
 - i. Tim can access and see how many people are on- we should assess if this is still needed
 - c. Presenters:
 - i. Chris O’Connell at Dartmouth-ED Data
 - ii. JoAnne/Cathleen—new death data, new hospital data (not comparable to previous years), E911, BRFSS
 - iii. TEMSIS and Trauma registry – is statewide system but voluntary- 8 hospitals contributing data- Debra will ask Vicky Blanchard if this is an option to present
 - iv. TJQMBB and MOB data from grants- Somebody from Dartmouth team- ? Tim
 - v. Rebecca’s Survey data- Anne or Rebecca
 - vi. Adverse event report- Anne Deifendorf

- d. COI form- Lora will send to Deb to collect from speakers- Lora will need Name, credentials and title of talk and length of talk. Lora will send an overall objective for whole session
8. Conference planning
- a. Funding-Lora reports should have funding to support the annual conference
 - b. Lora will see what is available at SERESC for rooms- will look at the week of the 25th first then week of 18th secondarily
 - c. Possible topics (some from last meeting brainstorm)- synthesized case, continuum of care, deconditioning, -might be a good bridge to split afternoon session, ? Tufts- LIFE study, Stephanie Studenski- gait speed (also a good possible bridge), Implementation of EBP-best practice –? Elder Services of the Merrimack Valley/Prevention Wellness Trust Fund in MA, NH Public Health Networks-possibly Seacoast, Concord, Plymouth. JoAnne will check with Neil Twitchell to see who is still actively doing falls prevention initiatives. Possibly health policy and aging- ? UNH or Dartmouth
 - i. Let Deb know if you want to be involved in conference planning committee
9. Quarterly Presentation plans
- a. March 7th -Data Meeting
 - b. Other possible brainstorm (May 2nd and November 7th)
 - i. Community Health Workers (mostly behavioral health oriented so far, but should keep this in mind, ? if AHEC has falls focus, Deb-Texas has a curriculum for geriatric CHW; currently no certification process in NH)
 - ii. MS Community Based Programs
 - iii. UNH Programs- John Wilcox-possibly with a student-Dawna suggested a student he has now, graduating in December and will be working in NH-has taught MOB- May 2nd Deb will follow up
 - iv. Lori Connor-November- Lora will follow up
 - v. New London Hospital ED update – ? November to share with Lori Connor
10. Reminder-keep an eye on the website- let Deb know if you have any suggestions or see anything that does not look right
11. Member updates
- a. Deb S. attended a carbon monoxide summit last week. Winter is a high risk time for CO poisoning-will want to make sure to raise awareness as we work with older adults. Deb has handouts-free from Consumer Protection agency.
 - b. Rebecca- Thank you again for help with survey
 - c. Karen- NH website is inaccessible at the VA- she was able to figure out a way to get access. She will work on making sure everyone has access. VISN-New England region-is increasing focus on injuries. Dr. Moscola has taken a personal interest. Hopefully this will help with inpatient falls committee that Karen chairs.

- d. Anne-funding for Partnership for Patients 2-3 years. Kick off recently – all 26 hospitals signed on. They have done two site visits-Cottage and APD. Falls will be a focus. Just had a webinar-focus on deconditioning. Will be visiting every hospital in the next two months. Data collection will be the same-falls with injury-NDNQI.
 - e. Judy- has a PT with BIG program certification, trying to get Lee Silverman's Voice Training also. Both programs relate to Parkinson's. Newport Health Center is open and running.
 - f. Lora- last Friday she went to a VT meeting with ASTHO – they are doing a quality Improvement project. DCHA project- Thetford will be referring people into our D-H ARC Falls Screening. Vermont now has a Falls Prevention Coordinator- Steve DeVoe. Question FallScape-Newport- North Country Hospital. FallScape has been difficult to implement. Hopefully motivational interviewing can translate for use into the clinic.
12. Next meeting January 3rd, 2017 at Department of Health and Human Services, 29 Hazen Drive, Concord from 9-11 a.m.