

Falls Prevention: Keeping Older Adults at Home

Wednesday, April 17 @ The Falls Conference Center

Manchester, NH

8:00 - 8:45 am	Registration and Coffee
8:45 - 9:00	Welcome and Opening Remarks
9:00 - 10:00	Keeping Older Adults at Home- what can we do for our patients? Ellen Flaherty, PhD, APRN, AGSF Director, Dartmouth Centers for Health and Aging
10:00 - 10:15	Break
10:15 - 11:45	Preventing Falls in the Community and at Home: Technologies and Methods of Service Delivery <ul style="list-style-type: none">• Applying a Public Health Model to service-learning OT groups to prevent falls and increase senior participation for community wellness. - John Wilcox, OTD, OTR/L, CAPS-AIP• Technology to decrease slips and falls- Stacy Driscoll, M.Ed., ATP -AT• Promoting home safety for aging-in-place through technology. -Sajay Arthanat, PhD, OTRL/L, ATP• Lighting evaluation and solutions to prevent falls. -Denise Finch, OTD, OTR/L, CHT• Student perspectives of engagement in community programming to reduce falls. -Beth Fisher, MS, OTR/L, CAPS• Mitigating Fall Risk stemming from behavioral risk through home modifications. -Rob Daisy, OTR/L, CAPS, ECHM
11:45 – 12:00	Effectiveness of A Matter of Balance – Lay Leader Model in Decreasing Fear of Falling Toniann Catanzaro, SPT and Jillian Hampton, SPT, Franklin Pierce University PT Program
12:00 – 1:00	Lunch (provided)
1:00 – 1:45	Assessing the risk of falls in older adults using a validated screening tool and Beers criteria. Helen Pervanas, PharmD, RPh, Associate Professor of Pharmacy Practice, MCPHS University and Jessica Aviles, Student at MCPHS University
1:45 – 2:00	Guided Interactive Exercise
2:00 – 2:45	Ounce of Prevention Program Tammy Astle, OTR/L, MS, Lake Sunapee Region VNA & Hospice
2:45 – 3:45	Clutter, clutter everywhere- home safety, challenging disorganization, and hoarding disorder Lora Gerard, MPA, Dartmouth Centers for Health and Aging
3:45 - 4:00	Closing Remarks